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## Letter

# Neuroethics, reductionism and dualism

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In her article on ethical implications of neuroscience, Martha J. Farah suggests that growing knowledge about the neural substrate of mental processes might undermine our traditional (Cartesian?) understanding of personal identity [1]. Is neuroscience on the road to showing that character, consciousness and sense of spirituality are in fact no more than 'features of the machine'?

Importantly, the question of our individuality and free will is a metaphysical problem, a problem that goes beyond (meta) physics. If a neuroscientist says that we are nothing else but 'a pack of neurons', he ceases to talk as an empirical scientist and begins to talk as a philosopher (though sometimes not being aware of it). Strong reductionism is a metaphysical point of view identifiable by the typical slang that Julian Huxley called 'nothingelsebuttery'. There is a crucial difference between methodological (scientific) and ontological (metaphysical) reductionism. Reductionism is often a successful and therefore valuable scientific method [2], allowing us to explain complex processes in terms of more basic ones. However, if, even after successful reductive attempts, an unexplained residuum (for example 'qualia') remains, one should be careful to jump to the conclusion that mental events are *nothing but* neural states. From the fact that we can study psychic phenomena using empirical methods it does not follow that they are entirely reducible to lower ontological levels. (Conversely, success of empirical research shows clearly the inadequacy of 'spiritualistic' claims that the mind is wholly inexplicable by science.)

Of course, one can believe that some day science will come to a *completely* reductionistic and deterministic picture of the world. Nevertheless, such a conclusion is not empirically justified from present evidence. On the contrary, several logical, empirical and philosophical arguments have been put forward to support the idea that consciousness is an emergent and indeterministic phenomenon, possibly endowed with a 'downward causation' ability (e.g. [3–6]). Particularly worth noting is a recent proposal of Jeffrey Satinover [7], which interestingly combines novel findings in computational neuroscience, nonlinear dynamics and quantum physics. Satinover's hypothesis of a hierarchy of nested networks (reminiscent of Hofstadter's 'tangled hierarchy' [8]) challenges the conventional wisdom that quantum fluctuations are always self-averaging, and goes beyond Penrose's suggestions [6]. In fact, while rejecting strong reductionism, one need not accept the dualism of body and mind as two separate substances. The psychosomatic unity of human beings suggests the possibility of seeing us as both an inseparable and complementary union of mind and matter.

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